

Instructions for Planning Prostate Ultrasound

Patient Name: _____

- Prior to your actual prostate seed implantation, a planning ultrasound of the prostate is necessary to accurately measure the size and dimensions of your prostate. Since the size of each man's prostate is different, this procedure is required in order to determine the actual number of radioactive seeds that need to be specially ordered from the manufacturer for your procedure.
- The ultrasound of the prostate is done in a similar fashion to the one you had when you had your prostate biopsy, but this is an ultrasound only and no biopsy will be performed.

Please follow the instructions below:

- Eat a light dinner the evening prior.
- Administer a Fleets Enema one hour after dinner.
- Clear liquids only on the morning of your procedure.

You may drive yourself to and from the office for this procedure. Please remember though, for the actual implant to be done several weeks later, anesthesia will be required, so if you are to be discharged on the day of implant, you must make arrangements for someone to take you home.

Appointment at Office for Planning Prostate Ultrasound:

Date: _____ Time: _____

Hospital Date for Seed Implants: _____